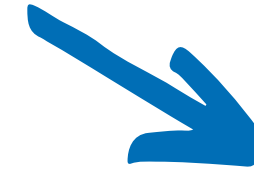




Our mission today:
to find out why Lent is a time to repent.

Use the words on the right to fill in the blank spaces below.



The season of _____ begins on Ash Wednesday.

_____ is a special day when people go to church to have a small cross made of ash drawn on their forehead.

Receiving the ash cross is a Christian _____ that has happened for hundreds of years.

The ash cross is a _____ (an image that represents something else) of repentance.

Lent is a time when Christians are asked to _____.

The word repent means:

to be _____ for our sins, and

to _____ the ways we think and behave that hurt others and hurt ourselves.

symbol

repent

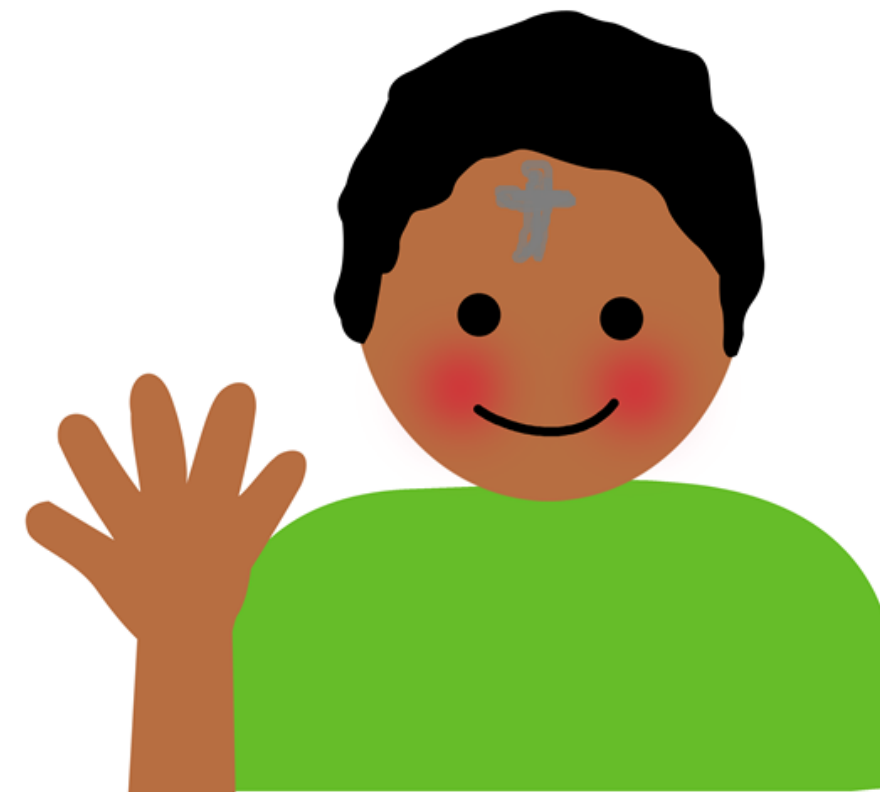
tradition

Ash Wednesday

Lent

sorry

change





When Jesus asked people to repent, he knew that it can be difficult for us to admit mistakes and change our ways. Jesus encouraged people to try, by asking them to look carefully at a situation.

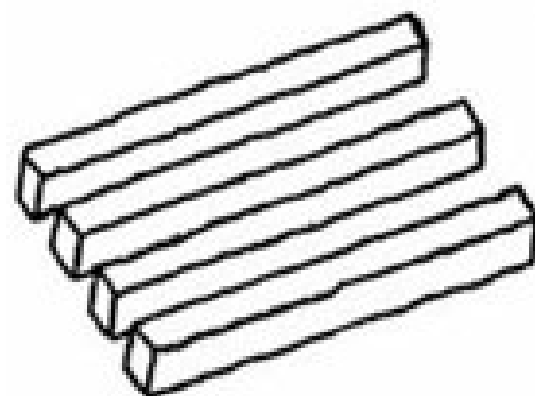
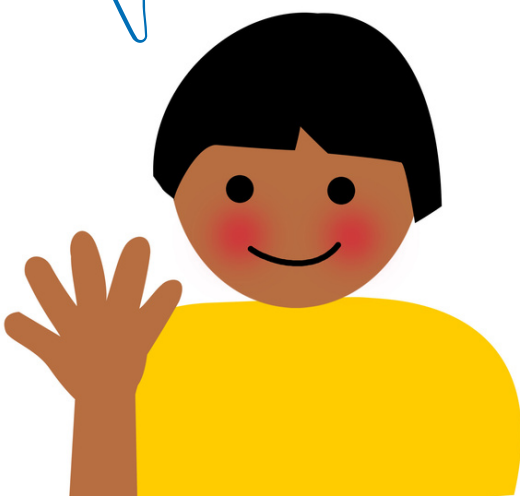
Jesus knew that when we look carefully and try to see things from other people's point of view, it helps to change how we think about things.

Seeing things from other people's point of view can help us to be more understanding, patient and kind. To practise looking carefully, complete the tasks below.

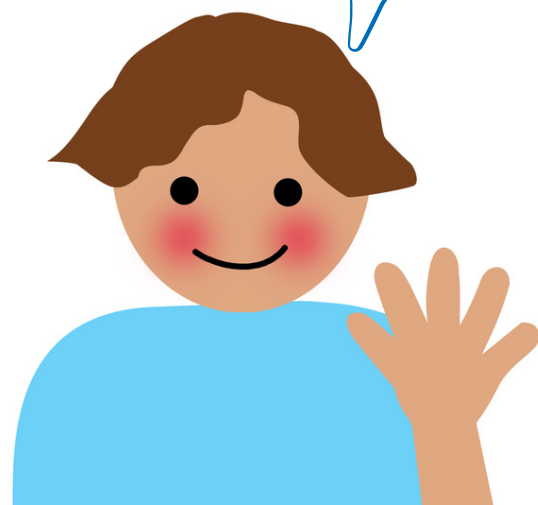
Find the underlined words in the word search below

? It's not unusual for people to see the same thing differently. Like the friends below. This can sometimes cause arguments. How could you keep the peace between these two friends? Write your ideas in the box.

'I see four sticks.'



'I see three sticks.'



G	X	B	E	R	U	Y	G
N	O	W	N	V	E	L	Z
I	L	U	C	C	E	L	Q
D	U	P	O	W	L	U	M
N	V	G	U	O	P	F	D
A	U	I	R	Q	L	E	R
T	X	N	A	C	O	R	E
S	S	K	G	H	O	A	P
R	A	I	E	A	K	C	E
E	L	N	D	N	H	C	N
D	G	D	P	G	X	I	T
N	C	A	V	E	D	E	C
U	M	N	S	U	S	E	J
G	P	A	T	I	E	N	T

Praying in Lent can help us to repent and change our ways.

When we pray we can ask God to help us be:

Courageous – to admit we have sinned and to ask for forgiveness.

Humble – to accept that sometimes we get things wrong and need to change.

Resilient – to keep trying, because change can be difficult.

Patient – with ourselves, as change takes time and effort. And with others who are trying to change too.

Write your own 'Repent in Lent' prayer, poem, or acrostic in the box below.

Try to include the virtue words in bold above, and any other virtue words from this list.



Grateful

Respectful

Hopeful

Gentle

Faithful

Forgiving

Honest

Loving

Kind



The Mission Together prayer is a good example of an acrostic



May all children

In the world

Share love

Share friendship and live

In the peace

Of God's love

Now and forever. Amen

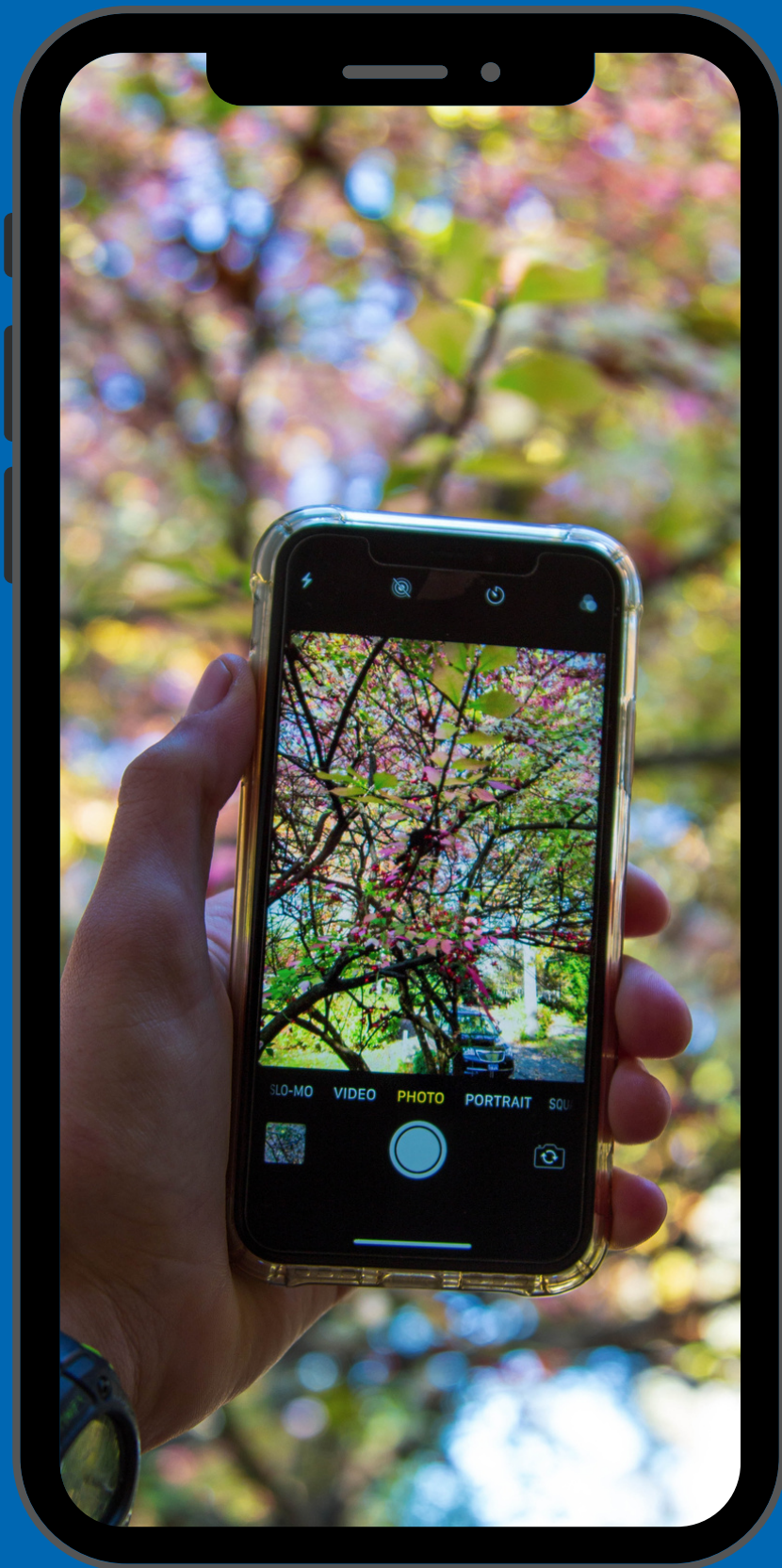


Photo by Mason Hassoun on Unsplash

Lent is a time to look carefully, so we can repent and change for the better. Looking carefully can also help us to appreciate things more. Why not practise by getting involved in *Mission Together's*:



'Lent Through A Lens' Photo Competition!

- 1** To take part you'll need a camera (phone cameras are fine) and to complete the '**Lent through a Lens**' entry form.
- 2** Next, be on the look out for something that best represents Lent. It will help to make a list of all the things that come to mind when you think of Lent. Remember that Lent is the old word for Spring. So you could also think of Spring images e.g. snowdrops, buds on trees, chicks, lambs.
- 3** You may need to venture outside to find your Lent images, if so **you must ask a grown-up to be with you.**
- 4** Once you've taken your photo, send it to your teacher. They will decide on your school's winning entries. Your school may send these winning entries to *Mission Together*, to be used in our social media and seen by people around the world!
- 5** This competition is free to enter, but if possible please make a donation to help the world's poorest children. Ask your parents to visit our website missiontogether.org.uk/donate-now/

'Lent through a Lens' entry form

Pupil photographer's name:

Class:

If you can make a donation to enter, thank you! Please send this directly to *Mission Together* so that your school doesn't have to collect money. They're a bit busy at present!

To help you look for the right image, write below a list of words that come to mind when you think of Lent or Spring.

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96% of money raised for Mission Together goes towards our work supporting children overseas. Please make donations through the Mission Together website missiontogether.org.uk/donate-now/. You can also **donate via text**, find out how on our donate webpage or follow the QR code.

Once you have decided which photo to enter, explain why your image represents Lent...